

Indira Gandhi National Open University

Regional Centre Bijapur

CELEBRATES - ONLINE

Seventh International Day of Yoga at Home

21st June 2021

"Yoga is a symbol of Universal
aspiration for health and wellbeing. It
is health assurance in zero budget."

Narendra Modi
Prime Minister

Importance of Yoga & Asanas Demonstration by

Shri. Madivalappa Doddamani

International Vipassan Sadaka Yoga Guru

Vipassan Yoga Seva Institution

Padaganur, Vijayapura

Shri.J.Thirumurugan
Assistant Registrar

Dr.B.N.Devendra
Assistant Regional Director

Dr.A.Varadarjan
Regional Director

Online Google Meet Link: meet.google.com/yuo-addt-jma

Date : 21.06.2021

Time: 8.00AM to 8.45AM

ALL ARE CORDIALLY WELCOME